

2nd Friday of Lent, Santa Rosa NM 2022

Envy and Jealousy: Taming the Terrible Twins by June Hunt

- Envy is empty hands craving to be filled. Jealousy is full hands fearing to be emptied.
- Envy is a burning desire to get. Jealousy a burning desire to keep.
- Envy is craving what another has. Jealousy is clinging to what one has.
- Envy is focused on gaining. Jealousy is focused on not losing.
- Envy is fueled by as sense of entitlement. Jealousy is fueled by a sense of retaining control.
- Envy is rooted in ambitious pride. Jealousy in anxious fear.
- Envy involves 2 people. Jealousy involves 3 or more people against an outside rival.
- Envy says I don't trust that God will give me what I need. Jealousy says I fear that God will take away from me what I need.